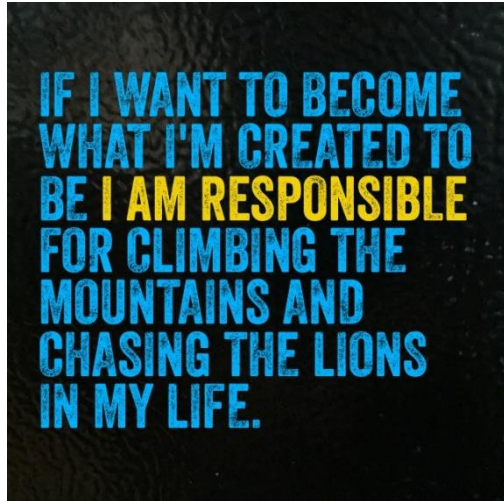


The Enemy Warring Against Your Greatest Potential



Questions are at the bottom

It was all set up.

He hated his current circumstances. He hated his job. He hated his that girlfriend would never commit. He hated making less than minimum wage. He hated just about everything about his current life.

If only he would have stepped back to look at his options! He could have had the part-time job he had been asking about for years. He could have had a place to live. He could have lived in a city many people vacation in. He could have finally gotten away from the place he complained about and believed was holding him back.

BUT he was comfortable.

Have you ever noticed that some of us are comfortable being miserable?

We are comfortable doing average work.

We are more comfortable complaining instead of taking action.

We are comfortable not pursuing excellence.

We are comfortable enough to be inactive.

Comfortable is easy.

Comfortable never stretches you to grow.

Comfortable is rarely grateful.

Comfortable is often complacent.

Comfortable is the enemy that wars against your greatest potential.

There is a big difference between comfortable and content.

Contentment is peace and joy where you are now.

Contentment is gratitude for what you *do* have.

Contentment will help you attract more resources and people to help make you better.

Learn to be content in all circumstances.

Avoid being comfortable.

He was miserable because he subconsciously wanted to be miserable. Deep down he didn't believe he deserved better. In his head he thought he deserved better, but in his heart he never believed it.

We are always doing what we want to do. There is always a choice, so we are always doing what we want to do.

If we wanted *it* as bad as we say we do, our lives would look very different because we would make radically different choices every day.

Questions

1.) What are the dangers (list 3 or more) of being comfortable?

2.) Explain the difference between being comfortable and content?

3.) Describe one part of life or sports where you are "comfortable". How can you adjust in order to grow and improve?